



Join us for a 3-Day Family Relationships Healing Workshop in Marin County. April 13–15, 2018

Spring 2018 Family Workshop: Let's Stop Taxing Ourselves

Family members know the pain and difficulty of having a loved one who needs or has needed intensive treatment. Feelings of powerlessness, betrayal, anxiety, and sadness can at times seem overwhelming. Trust breaks down, chaos permeates the family environment, closeness and warmth have become dim memories.

Dr. Kenneth Perlmutter, Family Systems Psychologist, and his team members facilitate this 3-day workshop to help family members assemble a healthy coping skills tool kit, practice clearer ways of communicating and work with other family members who know exactly what it's like to love someone who needs more help.

Friday April 13, 6:30 to 8:30 pm ♦ Saturday 4/14, 9 am to 4 pm

Sunday April 15, 9 am to 1 pm w/buffet lunch

Tuition \$750.00 per family up to 3 members. \$100 ea add'l

Register soon. Space is limited. Use the link below:

www.FamilyRecoveryInstitute.com/events

Specifically designed for parents, siblings, partners, and children (12 and up) of a loved one who has Addiction, Depression, Anxiety, Trauma or Disordered Eating

Workshop Goals:

- Reduce Family Distress and Chaos
- Relieve Stuck Communication Patterns
- Promote Wellness for All Members
- Deepen Closeness and Trust
- Create a Serene and Safe Home Environment for Everyone
- **To register** visit weblink to the left
Phone 415-322-0939 or Email us at
FamRecovery@gmail.com

Dr. Kenneth Perlmutter, licensed psychologist, brings nearly 30 years of experience working with individuals and families struggling with complex psychological problems including addiction. In 2008 he founded The Family Recovery Institute to train clinicians and provide help to families employing his model of Stress-Induced Impaired Coping. He serves as Family Systems Specialist for the Mind Therapy Clinic, Credential Chair and Board Member for the Int'l Assn of Family Addiction Professionals (IAFAP), and is a former faculty member at SF State and CSU East Bay. Workshops are co-facilitated by his highly skilled team of psychology and marriage/family therapy professionals. Workshops space is cozy and safe, with easy parking in San Rafael, California at the newly renovated offices of the Family Recovery Institute where he also maintains his private practice.



Check this section on line to learn more about our Workshop Sponsors